

# Synchro!

The new name for the newsletter of the south staffordshire and north birmingham MG owners club

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Hi Everyone,

This is the first newsletter of 2004. Hope everyone had a good Christmas and New Year. We're now looking forward to the forthcoming season, and the South Staffs have got a full events list, which is being finalised as I write. More details on new events further in this newsletter.

This time of year is very quiet on the MG front, but when the season does kick off do write in and tell the club what you've been getting up to. The club web site is also a good way of keeping up to date with club events, keep visiting for the latest news. If you have any content to add to the web site please email [info@ssmgoc.co.uk](mailto:info@ssmgoc.co.uk)

Anyway, here are a few motoring items that may be of interest:

## STOP MAKING SENSE

Latest high-tech safety aid is this additional brake lamp system that can be used on any vehicle without needing a hardwired feed to power the lamps. Featuring a miniaturised wireless transmitter that signals the LED receiver, the kit can be installed in minutes with just two simple connections.



When the brakes are applied, the LED's on the receiver illuminate with the brake lights and, if the brakes are on for more than 5 secs, the LED's will flash, signalling heavier braking. The LED strip attaches with self-adhesive tape and is powered by four lithium-ion cells, which can last up to six months in normal use. Priced at £29.99 for a starter kit, with extra strips available at £18.95 each, call 01442 230022, or see [www.bikerbitz.net](http://www.bikerbitz.net)

## Email

Due to increased postage costs, we are now going to use email as a form of communication. If you use email please consider choosing this as a method of receiving your newsletter. Email [steve@ssmgoc.co.uk](mailto:steve@ssmgoc.co.uk)

## MIDGET LETTERS

The launch of part number 1 8G8761 from British Motor Heritage allows owners of MG Midgets to keep originality when replacing this badging, as it is produced from the original tooling. With a retail price of £11.35, the lettering is available from BMH suppliers, which are listed on its website [www.bmh-ltd.com](http://www.bmh-ltd.com)

# MIDGET

## LUMBAR UP

THESE lumbar rolls, developed by physiotherapist and world authority on the diagnosis and treatment of back pain Robin McKenzie, are an assistance to comfort when sitting for long periods. They can help to alleviate pressure between spinal plates, preventing the onset of back pain.



The supports are ideal for classic cars, come in different shapes and sizes, and can be attached to any seat by the adjustable elasticated strap. The washable cover is designed to be unobtrusive and the padding is guaranteed to retain its shape. Priced from £18.99, the supports are available from the Mobilis Healthcare Group on 0161 678 0233.

There's also a book, *Treat your own Back* (ISBN 0 95998049 2 7) at £10.99; or see the website [www.mobilishealthcare.com](http://www.mobilishealthcare.com)

## Memberships

Memberships are now due before the end of February. If you would like a photo of your car on your membership card please email or post to Steve Moore. [steve@ssmgoc.co.uk](mailto:steve@ssmgoc.co.uk)



**Women's travel set**

Traveling Grooming Set for Women  
**Contains all those things that women cannot live without. We don't know what all the components do, but buy it for her anyway. She will look better and you can get a nice warm feeling from improving the environment.**

**Price:** £29.95



**Mega Wrench**

**Really Briefly: Undoes the most stubborn of wheel nuts in 3-4 seconds (250Ft Lbs), does them up again in 3-4 seconds, built in LED light and runs from your car cigarette lighter**

That feeling you get when it's dark and raining and you are having trouble removing the wheel nuts with the plasticine spanner provided by the car manufacturer, usually ends up with "who did these bloody nuts up" being said through gritted teeth. We have the solution.

The MegaWrench comes with four chrome vanadium impact standard sockets and has a built in LED light, helpful in the dark, produces 250ft lbs of torque and is reversible so that you can do the nuts up again afterwards. Nut removal now only takes three to four seconds, (if only vets were as quick).

The MegaWrench comes in its own heavy duty toolbox with all accessories complete with four chrome vanadium sockets, 14mm, 17mm, 19mm, and 21mm.

**Features:** Built in LED for night use: Reversible motor: Takes 3-4 seconds to remove wheel nuts:

**Tech spec:** Four Chrome Vanadium sockets: 14mm: 17mm: 19mm: 21mm: Produces 250 ft lbs torque: Runs from car cigarette lighter

**Price:** £39.95

**WHEELS OF SEAL**

Autoglym's aerosol sealant can preserve and protect aluminium wheels, and is said to discourage the build-up of brake dust. Used in conjunction with its Clean Wheels, the product gives a durable silicon-based coating to lacquered alloy finishes, and reduces cleaning times.



Spoked wheels can also be treated this way, but they have to be removed so that Wheel Seal does not coat brake components. The product is safe to use on all finishes, except bare or polished ally. Priced at £4.99 per 450ml can, all major retailers will be stockists or see [www.autoglym.com](http://www.autoglym.com) for details.

**What is going on?!!**

The first club outing is the Leap Year Run, on Sunday 29<sup>th</sup> February. There is a charge for this event of £10 per car. The purpose of the run is to do our bit to help save Shelsley Walsh, the oldest motorsport venue still in use in the world. By having 12 cars take part (which we do already have) we can raise enough funds to purchase a 99 year lease on one square yard of the track, which goes towards the saving of this historic and very British and wonderful location. We also get to have the club name displayed amongst the great and the good of British Motorsport and Motoring for 99 years. We follow our visit to Shelsley with a pub lunch nearby. We have already booked the entire dining room for ourselves. Anyone else wishing to come along please phone Mike Watkins on 0121 241 3284.

<b>February</b>			
15-Feb-04	MG International Spares Day	Stoneleigh	Vintage & Classic
29-Feb-04	The Leap Year Run	Shelsley Walsh	Mike Watkins
<b>March</b>			
19-Mar-04	Beer & Skittles Evening	Swan @ Brewood	Colin
07-Mar-04	AGM	Longford House Cannock	SSMGOC
14-Mar-04			
21-Mar-04			
28-Mar-04			
<b>April</b>			
04-Apr-04			
10, 11, 12 Apr-04	Easter Weekender	Clwyd Gate	Colin Hawkins
18-Apr-04	Kimber Run Marshalling	Chatsworth House	Roy Clarke
21-Apr-04	Club Night - MaxAutos	Longford House Cannock	Mark Brookes