

## Brown Belt

**Aikido** (left attacks are in blue: we are also starting the defense starts with the left foot forward)

From the front	Escape routes	Throws
Two handed choke + push back	<b>SB</b>	Zempo-undo
Ryo-kata-tori + multiple knee strikes	I1 + I2	Tenchi-nage
Front hand slash + right hand mune-tsuki	SB + 180 + 180 + I2	Toyoda kokyu-nage
Ryo-kata-tori + knee strike	CS + 180 + 180 + I2	Kote-gaeshi
Straight snap kick	I1	Sayu-undo
Ryo-kata-tori + head butt	I2 + T1	Kaiten-nage
Right hand Yokomen punch + left yokomen punch	CS + SB + 180	Ikkyo
Right hand mune-tsuki	CS + I2 + T1 + SB	Yonkyo
<b>From the rear</b>		
Right hand to pin both elbows + left arm strangle	90 + <b>SB</b> + 180 + I2	Shiho-nage
Run and drag down to chancery	T1	No.4 projection

### **HANMI HANDACHI**

6 techniques of the candidate's choice, 3 from Shomen-uchi and 3 from Yokomen-uchi attack.

### **KNIFE**

All techniques to be demonstrated with escapes as specified

Attack	Escape	Technique
Ushiro-katate-tori with knife edge to throat	Corner Step	Ikkyo
Mune-tori with knife point held at throat	Irimi 1	Nikyo
Ushiro-eri-tori with mune-tsuki to back	Tenkan 1	Sankyo
Katate-tori with backhand yokomen-uchi	Irimi 2	Yonkyo

### **BOKKEN TECHNIQUES**

3 Bokken taking techniques of the candidate's choice.

### **KATA**

**Unarmed:** Tai gei 5 or 6

**Weapons :**  
 2nd Bokken kata - to be performed twice in 15 seconds  
 3rd Jo kata - to be performed twice in 38 seconds  
 Knife tai gei 1

